

Children, Education and Families Policy Development and Scrutiny (PDS) Committee – 20th June 2023

Bromley Children and Young People's Mental Health and Wellbeing Services – current issues

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Bromley Children and Young People's Mental Health and Wellbeing Services - overview

- Bromley Council and NHS South-East London Integrated Care Board (Bromley) commission a range of services to support the mental health and wellbeing of Children and Young People (CYP) in the borough as set out below:

	Bromley Children and Young People's Mental Health and Wellbeing Services	Service Provider	Budget (2023/24)
1	Children and Young People's Eating Disorder Services (CAEDs)	South London and Maudsley (SLAM) NHS Foundation Trust	£1.4m
2	Children and Adolescents Mental Health Services (CAMHS)	Oxleas NHS Foundation Trust	£5.3m
3	Children and Young People's Mental Health and Wellbeing – Prevention and Early Intervention Services	Bromley Y	£1.4m
4	Integrated Single Point of Access – Children and Young People's Mental Health and Wellbeing (opening October 2023)	Joint Oxleas NHS Foundation Trust /Bromley Y	£260K
5	Support to schools – Children and Young People's Mental Health and Wellbeing Services	MHSTs - Bromley Y	£1m
6	Support for children, young people and families in relation to children and young people with social and/or communication difficulties	Bromley Mencap (Bromley Children's Project)	£54K
7	Children and young people's mental health and wellbeing services – online wellbeing support and counselling	Kooth	£81K
8.	Support for children at higher risk and children looked after (CLA)	Bromley Council	£100K
9	Individual Joint Funded Services	Bromley Council/SEL ICB	£800K
		TOTAL	£9.4m

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Bromley Children and Young People’s Mental Health and Wellbeing Services – overview

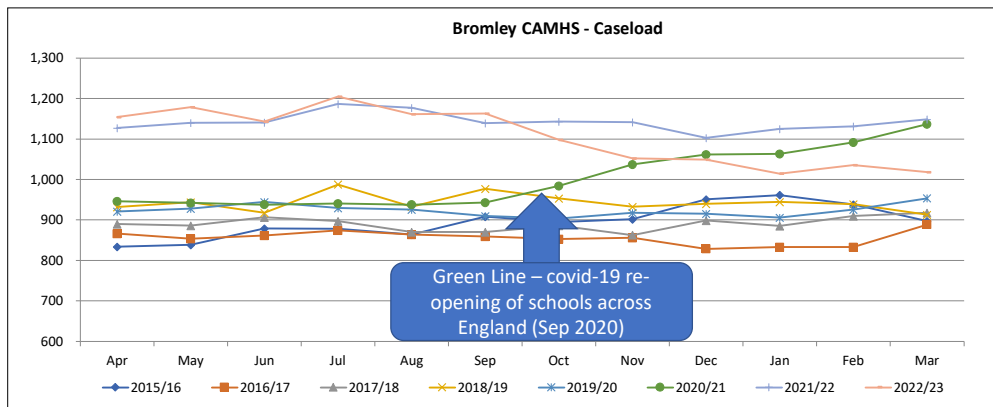
- At the heart of the CYP mental health and wellbeing offer in Bromley is the strong partnership work across all of the different services – from prevention and early intervention, to clinical assessment and treatment, as well as pre- and post-diagnostic support for key conditions.
- Bromley has a particularly strong offer in relation to integrated service pathways across NHS and voluntary sector providers. The joint work between the NHS and voluntary sector brings the best of both worlds to CYP in Bromley, with the ability for many CYP to access help and support outside of the NHS altogether, with others receiving clinical best practice interventions from the NHS. The approach means that CYP receive the right help in the right place, with support and interventions tailored to individual needs.
- The most prominent example of this way of working is the dual service model between Oxleas CAMHS and Bromley Y which was originally established in 2014/15. Since then there has been strong partnership working between Oxleas CAMHS and Bromley Y which was further strengthened in April 2021 when the Council and ICB jointly awarded Bromley Y a new five-year integrated contract to provide mental health and wellbeing services for children and young people in the borough.

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Caseload – Bromley CAMHS (Oxleas) – latest validated data

2022-23	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23
Oxleas CAMHS Caseload	1,161	1,163	1,098	1,052	1,049	1,015	1,036	1,018

Source: Oxleas Business Office – 05/05/23



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Current Bromley CAMHS Waits

• Current Waits for Initial Assessment

TEAM	TOTAL	WEEKS WAITING						
		52+	31-52	19-30	13-18	9-12	5-8	0-4
Generic	210 ↓	76	46	27	24	10	15	12
LAC	14 ↑	-	1	3	3	1	4	2
Adolescent	6 ↓	-	-	-	1	-	1	4
Neuro	84 ↑	21	23	12	9	6	6	7
	314 ↓	97	70	42	37	17	26	25

• Current Waits for Treatment

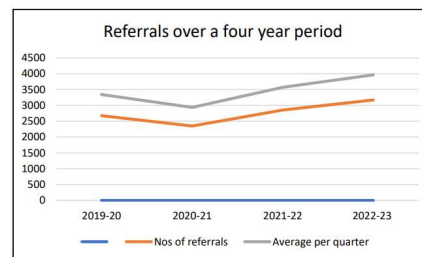
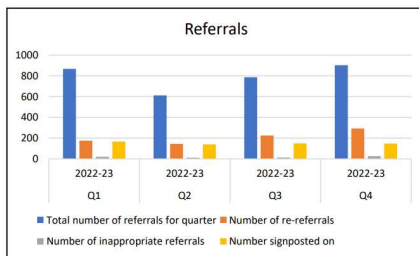
TEAM	TOTAL	WEEKS WAITING						
		52+	31-52	19-30	13-18	9-12	5-8	0-4
Generic	66 →	56	8	2	-	-	-	-
LAC	11 →	9	2	-	-	-	-	-
Adolescent	38 ↑	27	1	-	3	2	-	-
Neuro	47 ↓	39	2	4	-	1	1	-
	162 ↑	131	13	6	3	3	1	0

Data as at 4 May 2023 – arrows indicate movement from previous month totals

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Referrals (2021/22 and 2022/23) – Bromley Y

REFERRALS	End of year 2021-22	Q1 2022-23	Q2 2022-23	Q3 2022-23	Q4 2022-23	End of year 2022-23	REFERRALS BY YEAR	2019-20	2020-21	2021-22	2022-23
Number of referrals	2854	868	612	787	903	3170	Nos of referrals	2,675	2,348	2854	3170
Number of re-referrals	(1568)	176	145	225	292	838	Average per quarter	669	587	714	793
Number of inappropriate referrals	(4)	21	12	13	26	72	% Change from 2019/2020 baseline	0%	-12%	7%	18.5%
Number signposted on	(136)	167	140	149	148	604	% Change from 2020/2021 baseline		0%	22%	35%



Source: Bromley Y Contract Monitoring Report – 21/04/23

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Current Bromley Y Waits

Business as usual

- All referrals are triaged within 72 hours
- Priority Assessments are up to 10 days and routine within 4 weeks but often quicker
- MHST-16 week wait for intervention- Plan devised for the summer months to reduce
- Getting Help-20 week wait for intervention/treatment-'Waiting well initiatives'

The Signpost (Text Service), webinars, support calls and email check ins

Named practitioner who completed assessment remains a point of contact –until allocated Guidance and support sessions (single session model being piloted)

Parents & Carers can contact us if they feel there have been any changes in presentation. Our website has been updated to reflect our current waiting times and what to do in a crisis.

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Bromley Children and Young People's Mental Health and Wellbeing Services – key transformation programmes

- The Bromley Mental Health and Wellbeing Strategy (2020-25) sets out a joint plan across the Council, local NHS and other partners to deliver key improvements in these services. A number of key new services are set out below:
 - additional capacity and programmes in Bromley CAMHS to reduce waiting lists through the course of 2023/24.
 - establishment of the integrated Single Point of Access (SPA) between Bromley CAMHS and Bromley Y to provide a common screening and triage pathway across all services.
 - detailed review of children and young people attending A&E due to their mental ill health in order to inform prevention and early intervention services.
 - new recovery and resilience programme, providing longer and more intensive support for more complex children and young people outside of the NHS.
 - creating stronger links between children and young people's mental health and wellbeing services and GP Practices including through the establishment of a Mental Health Practitioner (MHP) role.
 - establishing an eating disorders early intervention pilot in Bromley, providing joined-up voluntary sector (Bromley Y) and NHS (SLAM) support at a school and community level
 - review of the children and young people's autism spectrum condition diagnostic and support pathway.

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Bromley Children and Young People's Mental Health and Wellbeing Services – next steps

- The delivery of improvements across Bromley Children and Young People's Mental Health and Wellbeing Services will see in the coming years:
 - shorter waiting times for key services, including with an ongoing shift in activity towards early intervention and prevention and shorter waits for initial assessments.
 - more joined-up services notably with the Integrated Single Point of Access (ISPA), as well as additional links between CAMHS/Bromley Y and the Youth Justice Service (YJS), GP Practices/Primary Care Networks (PCNs) and the Children and Families Hub.
 - the outcomes of key reviews into children and young people entering services in crisis (via A&E) as well as a review of diagnostic and support services for CYP with autism spectrum condition (ASC).
 - a baseline needs assessment of children and young people's mental health and wellbeing in Bromley as part of early work towards the development of a refreshed Mental Health and Wellbeing Strategy.